

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Wandisile Nongodlwana

Has successfully participated & completed the

The Extreme - 55km Bezhoek Extreme Trail Run

held at Bezhoek Farm.

**TIME** 04:59:07

**PACE** 05:25/km

**OVERALL** 2 of 23

**GENDER** 2 of 18

**40 - 49** 1 of 5

25 November 2017, Sat

Date



BowlTime

Signature